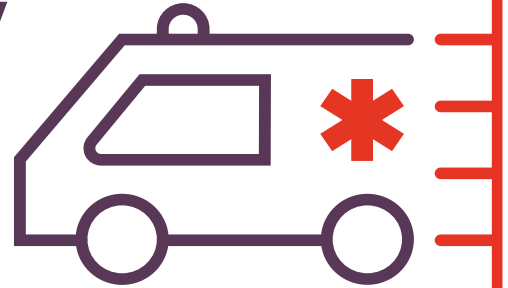


Get the right help if you become acutely ill or suffer an injury



ALARM 1-1-2

- Always call 1-1-2 to get emergency help in the event of **life-threatening acute illness or injury**.
- You can call 1-1-2 at any time.

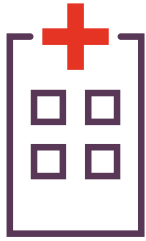


GENERAL PRACTITIONERS AND THE EMERGENCY HELPLINE 1813

- In the event of acute illness or injury between 8 AM and 4 PM Monday-Friday you can contact any general practitioner who is covered by a contract with the public health insurance scheme.
- Call 1813 in the event of acute illness or injury after 4 PM Monday-Friday and during weekends and Bank Holidays.
- If you live in the Capital Region of Denmark, always call your own general practitioner between 8 AM and 4 PM Monday-Friday. If the clinic is closed, your general practitioner will refer you to a colleague on his/her answering machine.
- Your general practitioner's telephone number and address are printed on your Danish health insurance card.



Emergency Medical Services
Capital Region of Denmark



ACUTE ADMISSION CENTERS IN THE CAPITAL REGION OF DENMARK

Acute admission centers are open 24 hours a day. They provide treatment for both serious and minor injuries and acute illnesses. **Always call a general practitioner or 1813 before heading to an acute admission center.**

There are acute admission centers at:

- Bispebjerg Hospital
- Herlev Hospital
- Hvidovre Hospital
- Nordsjællands Hospital – Hillerød
- Bornholm Hospital.



PSYCHIATRIC ADMISSION CENTERS

You can receive urgent psychiatric help at a psychiatric admission center in the Capital Region of Denmark.

Find the addresses and opening hours on **www.akut.dk**



EMERGENCY DENTIST

Call 1813 if you have broken a tooth or suffer from toothache outside your dentist's opening hours.

You can also find the addresses and opening hours for emergency dentists and clinics in the Capital Region of Denmark on **www.akut.dk**



POISON CONTROL HOTLINE (Giftlinjen)

Call the poison control hotline on **82 12 12 12** if you have taken in poisoned substances or suspect poisoning.